

QUICK STEPS TO A HEALTHIER YOU!

Step 1 Setting up

Charge your CHIEF smart activity tracker for 2 hours

Download 'CHIEF UMCH' app to your mobile device

Step 2 Sign up & Link

Create your CHIEF Login ID and user profile



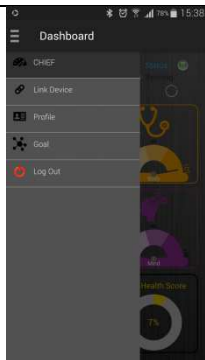
Link your CHIEF smart activity tracker to your mobile device

Step 3 Wear & Sync

Congratulations!

You are now ready to take action for a Healthier YOU!

CHIEF Activity Tracker User Guide

<p>Step 1 Setting up</p> <ul style="list-style-type: none"> Fully charge your CHIEF smart activity tracker (approx 2 hours) For quick access, scan the QR Code to download the app OR For Android users, download 'CHIEF UMCH' app from Google Play Store to your mobile device For iOS users, download 'iChoiceLife Pro' app from App Store to your mobile device 	
<p>Step 2 Sign up & Link</p> <p>Sign up for your FREE CHIEF Login ID, create your profile and Link your CHIEF smart activity tracker to your mobile device. For existing users, Login using your email (CHIEF ID)</p> <ul style="list-style-type: none"> Select 'Menu', followed by 'Link Device' at CHIEF app Press twice (short press followed by long press) the button on your CHIEF smart activity tracker until it display 'SLEEP' Long press again on your CHIEF activity tracker to exit sleep mode Select 'Start Pairing' to Link CHIEF activity tracker to your mobile device 	
<p>Step 3 Wear & Sync</p> <ul style="list-style-type: none"> Wear your CHIEF smart activity tracker on your non dominant hand to track your daily activities To track your SLEEP habit, press twice (short press followed by long press) the button on your CHIEF activity tracker until it display 'SLEEP' Long press again on your CHIEF activity tracker to exit sleep mode Sync your CHIEF smart activity tracker with your mobile device daily You are now ready to take action for a Healthier YOU! 	
<p>Follow us on ...</p> <ul style="list-style-type: none"> Facebook: CHIEF UMCH Youtube: CHIEF UMCH WeChat: CHIEF_UMCH WhatsApp: +6 018 218 1328 CHIEF Smart Activity & Sleep Tracker Video Guide https://youtu.be/XxWbikmzcaY 	